



Aspect #2 – Health Maintenance

Name	Details	Aspekt #2 Session 1: 14.15–15.45
<u>Sengupta, Siddharta Btech, MBA</u>	Founder & Managing Director, Samskrit Natural Wellbeing Co Pvt Ltd, Thane, Mumbai, India	Samskrt: Taking Ayurvedic Lifestyle to Homes and Imparting Preventative Lifestyle and Reversing Diseases in Mumbai, using a Mobile App!
<u>Prof Shankar, Anant Darshan</u>	Vice-Chancellor, Transdisciplinary University (TDU), Bangalore, India	Integrative Healthcare, The Emerging Paradigm for 21st Century
<u>Jeevan, Elil Parambath BAMS</u>	Founder & Director, Ayurveda CARE, Pelham 6, 83093 Bad Endorf, Bavaria, Germany	Ayurveda as a Complementary System of Healing: Opportunities for Integrating Ayurvedic Approaches and Solutions in a Modern Medical Practice
<u>Szalkai, Ivan MD</u>	Co-Chairman of Hungarian Scientific Society of Ayurveda, 2120 Dunakeszi, Szechenyi Str. 72 b/2; Ayurveda Acharya, University of Miskolc, Miskolc, egyetem ut, 3515 and Head of Ayurveda Reserach Laboratory of Debrecen University, hungary	Monitoring the Effectiveness of Panchakarma by Analysis of the Autonomic Nervous System Responses
<u>Singh, Ajit BAMS, PCAS</u>	Director, Planet Ayurveda Wellness Center, Australasian Institute of Ayurvedic Studies & CEO International Council of Ayurvedic Medicine inc.	The Epidemic of Lifestyle Diseases: An Ayurvedic Response

- Chair: Shankar, Anant Darshan
- Co-Chair: Szalkai, Ivan



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Name	Details	Aspekt #2 Session 2: 16.00–17.30
<u>Dr Deshmukh, Vineeta</u>	Deputy Director, Integrated Cancer Treatment and Research Centre, Bharatiya Sanskrit. Darshan Trust's Ayurved Hospital and Research Center, Wagholi Pune, Maharastra, India	Integrated Approach of Cancer Treatment at the Ayurveda Hospital and Research Center, Wagholi, Pune, India
<u>Patwardhan, Kishor BAMS, MD (Ay), PhD</u>	Vaidya-Scientist Fellow, Associate Professor, Department of Kriya Sharir, Faculty of Ayurveda, Institute of Medical Sciences, Banaras Hindu University, Varanasi, Uttar Pradesh, India-221005	Physiology and Mechanist Basis of Panchakarma
<u>Rosenberg, Kerstin</u>	Founder & Director, Rosenberg Society for Holistic Health and Education European Academy of Ayurveda, Birstein, Germany	Nutrition as Therapy
<u>Spoo, Michaela MD</u>	Institute for Social Medicine, Epidemiology and Health Economics, Charite University Medical Center & Immanuel Hospital Berlin, Department for Complementary Medicine, Berlin, Germany	Comparative Effectiveness of Ayurveda and - Conventional Care in Knee Osteoarthritis - A Randomized Controlled Trial (CARAKA)
<u>Vyas, Prathmesh BAMS</u>	Vaidya, Maharishi Ayurved, Bad Ems	Sharad Ritu-Charya: Ayurvedic Principles and Approaches and for Preparing for the Change of Seasons

- Chair: Patwardhan, Kishor
- Co-Chair: Deshmukh, Vineeta